STATE OF COLORADO DISCLOSURE FORM

Education and Experience:

Erika Toebaas is a Physician of East Asian Medicine. She earned her Master's of Science in Acupuncture and Traditional Oriental Medicine (MSTOM) from Pacific College of Oriental Medicine, San Diego, Ca campus in August of 2016. This was a rigorous 3.5-year program. In May of 2017, she received her California state license where she has maintained an active license that is free and clear of any disciplinary action. In May 2019, she was certified as a Diplomate in Acupuncture and Traditional Chinese Medicine by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). In July 2019 she received her Colorado state license where she owns and operates Tru ~ A Wellness Co. She is currently a doctoral candidate at PCOM, where she will become a Doctor of East Asian Medicine in spring of 2020. She holds free and clear licenses in Cosmetology & Aesthetics, and Massage. She also holds a certification in Clean Needle Technique. Erika's training includes adjunctive therapies such as moxibustion, Tui na, acupressure, cupping, auriculotherapy, and dietary and lifestyle recommendations. Erika is constantly taking continuing education class to gain continuous knowledge for the benefits of her patients.

Tru ~ A Wellness Co. complies with the rules and regulations determined by the Colorado Department of Public Health & Environment, including proper cleaning and sterilization of accessory tools, proper disposal of used needles and the sanitation of the wellness clinic. Clean Needle Technique is practiced using only single-use, disposable, factory-sterilized needles.

Fee Schedule:

- Please refer to website www.b-evertru.com

Patient's Rights:

Each patient has the following rights:

- The patient is allowed to receive information about the methods of therapy, the techniques used, and the duration of therapy
- The patient is allowed to seek a second opinion from another healthcare professional or may terminate therapy at any time
- In a professional relationship, sexual intimacy is never appropriate and should be reported to the Director of the Division of Professions and Occupations immediately.

The practice of acupuncture is regulated by the by the Department of Regulatory Agencies. The Director of the Division of Professions & Occupations may be contacted at
Division of Professions & Occupations Acupuncturist Licensure 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303)894-7800, dora_acupunctureboard@state.co.us.

I have read and understand this document.
Patient or Guardian's Signature _____ Date _____